

05 FEB 1993

DAILY CCU ROUTINE

MONDAY, TUESDAY, WEDNESDAY, AND FRIDAY

0430 REVEILLE/HEAVE OUT/STOW GEAR/MAKE RACKS/MUSTER
0445 PREPARE FOR P.T.
0450 COMMENCE P.T.
0545 SECURE P.T./SHOWER CALL/SHIFT INTO WORKING UNIFORM
0605 COMMENCE SMOKE BREAK
0615 SECURE SMOKE BREAK/MARCH TO GALLEY
0700 SECURE BREAKFAST/MARCH TO CCU
0710 COMMENCE SMOKE BREAK
0720 SECURE SMOKE BREAK/CLAMP DOWN BERTHING AREAS & HEAD
0730 SICK CALL/MEDICATION CALL
0750 FALL OUT FOR COLORS
0755 FIRST CALL TO COLORS
0800 COLORS
0805 PREPARE FOR PERSONNEL/LOCKER INSPECTION (WORKING
UNIFORM)
0815 PERSONNEL/LOCKER INSPECTION (BDO/CCU SUPERVISOR)
0845 COMMENCE GMT
0935 SECURE GMT/COMMENCE SMOKE BREAK
0945 SECURE SMOKE BREAK/PREPARE FOR WORKING PARTY
0950 DEPART CCU/MARCH TO WORK SITE
1200 LUNCH/MEDICATION CALL/RADIO MUSTER (CCU SUPERVISOR)
1220 SECURE LUNCH/COMMENCE SMOKE BREAK
1230 SECURE SMOKE BREAK/POLICE AREA/TURN TO
1435 COMMENCE SMOKE BREAK
1445 SECURE SMOKE BREAK
1600 SECURE WORKING PARTIES/MARCH TO CCU/SHIFT TO CLEAN
WORKING UNIFORM/MUSTER/SHOWER CALL
1620 MEDICATION CALL
1630 DINNER/MARCH TO GALLEY
1720 SECURE DINNER/RETURN TO CCU
1730 COMMENCE SMOKE BREAK
1740 SECURE SMOKE BREAK/COMMENCE MOTIVATIONAL TRAINING/NEWS
CALL
1900 SECURE MOTIVATIONAL TRAINING/NEWS CALL/COMMENCE
COUNSELOR TIME FOR INDIVIDUAL INTERVIEW. THOSE NOT
BEING INTERVIEWED CLEAN UP DORM/HEAD AREAS OR DO IN-
RATE TRAINING
2000 SECURE COUNSELOR TIME/COMMENCE DIRECTED SELF STUDY/IN-
RATE TRAINING
2030 SECURE DIRECTED SELF STUDY
2040 COMMENCE PERSONAL TIME (UNIFORM PREP/READING/LETTER
WRITING/SHOWER CALL/COMMENCE SMOKE BREAK (LIBRARY CALL
FOR BLUE AND GREEN BADGE LEVELS ONLY)
2115 SECURE SMOKE BREAK
2125 SECURE PERSONAL TIME/MUSTER/PREPARE FOR TAPS
2130 TAPS

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APPENDIX N
Enclosure (1)